

## Health Insurance ID card Instructions

### Anthem Medical

#### Sydney Health Mobile App:

- Download the **Sydney Health** app and log in
- Click the **ID Card** button

#### Online using the Anthem portal:

- Log into <https://www.anthembluecross.com>
- Click on **ID Cards** – you can print and/or order a new card

Anthem Medical: 1-800-496-6132

### OptumRx Prescription Drug

#### OptumRx Mobile App

- Download the **OptumRx** app and log in
- Click the **Benefits** icon
- Select **My ID Card** – your ID card information will be displayed on the screen

#### Online using the OptumRx portal

- Log into [www.optumrx.com](http://www.optumrx.com)
- In the **My Account** section, click **Account Details**
- Your ID card information will be displayed – you can print and/or order a new card

OptumRx: 1-844-642-9089

### Cigna Dental

#### Cigna Mobile App

- Download the **myCigna** app and log in
- Click the **Menu** icon in the top left corner of the screen
- Select **ID Cards** – your ID card will be displayed on the screen

#### Online using the Cigna portal

- Log into <https://my.cigna.com>
- Select **ID Cards** located at top right of screen
- Select Dental ID Card
- click "**Print**"

Cigna: 1-800-244-6224

### Davis Vision by MetLife

#### MetLife US App

- Download the **MetLife US App** app and log in
- Select **MetLife – Davis Vision** – your ID card information will be displayed on the screen

#### Online using the MetLife Vision portal

- Log into [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits)
- Click on "**View ID Cards**" on the main page

Davis Vision by MetLife: 1-844-638-2454